

# GRAND HEALTH CHIROPRACTIC AND WELLNESS CENTER

## PATIENT INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Address: \_\_\_\_\_ Apt/Unit: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  Male  Female

Height: \_\_\_ft\_\_\_in Weight: \_\_\_\_\_ Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

How were you referred to Grand Health Chiropractic?

Family Member  Friend  Doctor  Internet Search  Google Ad  Facebook  Yelp  Other \_\_\_\_\_

Please give us the name of the family member, friend or doctor that referred you: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Relationship to the Patient: \_\_\_\_\_

## INTEGRATED CARE

May we share your information in our patient records with your above listed Physician for integrated care?  Yes  No

Family Physician: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Phone: \_\_\_\_\_

**Student Athletes:** May we share information related to your case with your coaches or athletic trainer for integrated and coordinated care?  Yes  No School: \_\_\_\_\_ Athletic Trainer: \_\_\_\_\_

What are your current complaints? \_\_\_\_\_

When did your problem begin? \_\_\_\_\_

How did this problem begin? \_\_\_\_\_

Is your current injury/condition related to an auto/work accident?  Yes  No If yes, what is the date of the accident? \_\_\_\_\_

**Please describe your current pain.**

- Sharp  Dull Ache  Numb  Shooting  
 Burning  Tingling  Other \_\_\_\_\_

**Since your problem began, is the pain...**

- Increasing  Decreasing  Not Changing

**How frequent is your pain?**

- Constantly  Frequently  Occasionally  Intermittently

**What makes your problem better?** \_\_\_\_\_

\_\_\_\_\_

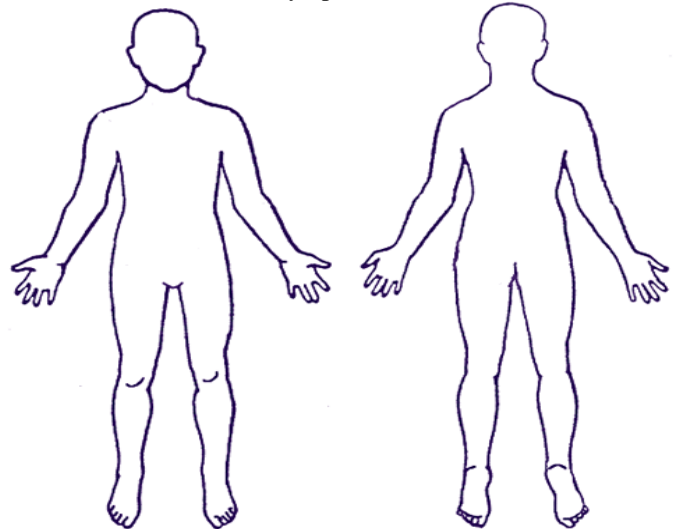
**What makes your problem worse?** \_\_\_\_\_

\_\_\_\_\_

**What type of care are you interested in?**

- Pain relief only  
 Healing/correction of current condition  
 Optimizing your health/Wellness Care  
 All Three

Please mark the location where you have the pain or other symptoms.



Rate the severity of your pain

- None Unbearable
- 0 1 2 3 4 5 6 7 8 9 10

Please list any activities of daily living that your current symptoms are affecting (e.g. playing with kids, gardening, housework, etc):

1. \_\_\_\_\_ 2. \_\_\_\_\_  
3. \_\_\_\_\_ 4. \_\_\_\_\_

Other health care providers consulted for this condition and outcome:

\_\_\_\_\_

Women: Are you or is there a possibility that you may be pregnant? \_\_\_\_\_ If yes, what is the due date? \_\_\_\_\_

**SYSTEMS REVIEW QUESTIONS:**

Do you or have you ever had any problems with the following area? (Please check boxes to indicate problem areas)

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Eyes            | <input type="checkbox"/> Muscles                 | <input type="checkbox"/> Allergies                  | <input type="checkbox"/> Ears, Nose, Mouth, Throat      |
| <input type="checkbox"/> Nerves          | <input type="checkbox"/> Psychological/Emotional | <input type="checkbox"/> Heart                      | <input type="checkbox"/> Joints/Bones                   |
| <input type="checkbox"/> Lungs/Breathing | <input type="checkbox"/> Skin                    | <input type="checkbox"/> Intestines/Bowel           | <input type="checkbox"/> Internal Organs                |
| <input type="checkbox"/> Urinary         | <input type="checkbox"/> Blood                   | <input type="checkbox"/> Prostate/Testicular/Penile | <input type="checkbox"/> Gynecological/Menstrual/Breast |

Please explain any above YES answers: \_\_\_\_\_

\_\_\_\_\_

**SOCIAL HISTORY:**

Recreational Activities (Hobbies): \_\_\_\_\_

**YES NO**

- |                          |                          |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you exercise? _____ Times per week                                   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you get 6-8 hours of adequate sleep per night? If no, explain: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | Is work stressful to you? If yes, explain: _____                        |
| <input type="checkbox"/> | <input type="checkbox"/> | Is family life stressful to you? If yes, explain: _____                 |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you consume alcohol? If yes, how many drinks per week? : _____       |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you smoke? If yes, how many packs per day? _____                     |
|                          |                          | <i>If you smoked previously and have quit, when did you quit? _____</i> |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you use recreational drugs? If yes, explain: _____                   |

Surgeries: \_\_\_\_\_

Serious illness or injury: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications taken within the last two months (include over the counter and vitamins): \_\_\_\_\_

\_\_\_\_\_

Are there any other issues concerning your health that you would like the doctor to be aware of? \_\_\_\_\_

\_\_\_\_\_

Have you had any other significant traumas? (Auto accidents, falls, etc...): \_\_\_\_\_

\_\_\_\_\_

**Patient Name (Please Print)** \_\_\_\_\_

**Name of Person Completing this form** \_\_\_\_\_ **Relationship to the Patient** \_\_\_\_\_

**Signature of patient or person completing this form** \_\_\_\_\_ **Date:** \_\_\_\_\_